

How to use this planner

Four moves, and the book is these four all year.

Read this once, then let the pages do the rest.

- 1** Set up the front matter first.
Modules, term dates, goals and the people you can turn to. Twenty minutes from your own handbooks, done once, and the year has a shape.
- 2** Work a weekly page each week.
Plan the week on the page, then close it with the short Sunday reset. One page a week is the whole rhythm — fill it as you go, not all at once.
- 3** Review at the end of each term.
Ten minutes on the term review page works out what went in, what did not, and what to carry into the next term.
- 4** Reach for the working pages when you need them.
Essays, assessments, exams and your dissertation each have their own pages near the back. Turn to them for a specific piece of work, not every week.

ONE PAGE A WEEK IS THE HABIT

Everything else in this book is optional and serves the weekly page. Keep that one habit going and the planner is working, however much of the rest you use.

This week

Two main tasks a day, written as a specific piece of work rather than a module name. Plan it in a few minutes, then tick it off as the week goes.

WEEK OF

MON

TUE

WED

THU

FRI

SAT

SUN

SUNDAY RESET

WHAT WENT IN

WHAT SLIPPED

ONE THING FOR NEXT WEEK

Your marks, in your own hand

Write down each mark as it comes back, next to the piece it was for. Seeing them together is useful; it is also only a record of what has happened so far.

ASSESSMENT	MODULE	WEIGHTING	MARK

ASSESS

This is a record of what you have been given, in your own hand. It is not a prediction, and it does not work out a classification — your university does that, by rules that differ by course.

Good at a module? **Teach** it.

Students need help with the exact modules you have already passed. On Sessioned you can tutor them online, around your own timetable.

TEACH

HOW IT WORKS

You set your own hourly rate and keep 100% of it. Students pay that rate plus one transparent 20% service fee, shown in full before they book.

You choose your hours and which modules you cover. Sessions run one to one, online.

WHAT WE ASK

Every application is read by a person. DBS status is shown on every profile, so families can see it before they book.

No teaching qualification is needed — subject knowledge and a clear way of explaining it are what matter.

SCAN TO
SIGN UP

APPLY IN ABOUT TEN MINUTES

Create a profile, list the modules you know, and set your rate. We review it and come back to you. Sessioned has 70+ tutors across 50+ subjects, with students matched to a tutor by hand.

sessioned.co.uk/go/u-teach

HONEST ABOUT WHAT THIS IS

Tutoring is flexible work, not a promised income: what you earn depends on the rate you set and the hours you choose to take. We never promise a figure.