10 · WORKSHEET

Weekly reflection

Week starting _____

Name _____

Ten minutes at the end of each week. Be honest and kind to yourself: the point is to plan a better next week, not to judge this one.

WHAT WENT WELL

WHAT WAS HARDER THAN EXPECTED

WHAT I LEARNED ABOUT HOW I LEARN

A time of day, a method or a place that worked, or did not

TOPICS TO COME BACK TO

NEXT WEEK'S TOP THREE

_____

_____

_____

THIS WEEK FELT

Too busy | About right | Too quiet

Circle one, then note why.

A NOTE FOR MY PARENT, CARER OR TUTOR

10 · WORKSHEET

Monthly review

Month _____

Name _____

THIS MONTH'S GOALS: DONE, PARTLY DONE, MOVED?

TOPIC RATINGS THAT CHANGED

From your topic confidence tracker

PRACTICE PAPERS OR QUESTIONS COMPLETED

From your practice log

EXAM ADMIN DUE NEXT MONTH

Centre emails, fees, entry checks, access arrangements

WHAT I WILL CHANGE, AND NEXT MONTH'S GOALS

Questions to ask a tutor

Useful whether you are choosing a tutor or preparing for a session with one. Tick the ones you want to ask and add your own.

- [ ] Do you know my awarding body and specification code, and have you taught it, or one like it, before?
- [ ] Have you worked with home-educated learners or private candidates?
- [ ] How will we decide what to cover in each session, and how will you know it is helping?
- [ ] How would you use past papers and mark schemes with me?
- [ ] Can you help me think through a tier or option decision?
- [ ] What should I do between sessions?
- [ ] For learners under 18: what background check do you hold, and has anyone verified it?

MY OWN QUESTIONS