05 · WORKSHEET

# Long-term, monthly and weekly goals

Name _____

Date _____

Start with where you want to be, then work backwards. Goals you control work best: "complete and mark two past papers" is clearer than "get better at maths". Review monthly goals at the end of each month and set weekly goals every week.

## Long-term goals: by the end of the course or exam series

SUBJECT

By the exams, I want to be able to...

SUBJECT

By the exams, I want to be able to...

SUBJECT

By the exams, I want to be able to...

## Monthly goals

| MONTH | GOAL | HOW I WILL KNOW I HAVE DONE IT | DONE? |
|---|---|---|---|
| | | | |
| | | | |
| | | | |
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## This week's goals

| WEEK STARTING | GOAL | LINKS TO WHICH MONTHLY GOAL? | DONE? |
|---|---|---|---|
| | | | |
| | | | |
| | | | |

IF A GOAL SLIPS

What got in the way, and what is the smallest next step? A goal can be moved without being dropped.